



# ORANGE RUNNERS CLUB

# 2020 GRAND PRIX SERIES

SPONSORED BY WINNERS'S BRACKET - 343-9964, QUINN OIL, INC. - GOSHEN, NY - 291-1961  
& FRANKS CUSTOM SHOE-FITTING – MIDDLETOWN, NY

**12 Race Series:  
Must Complete 6 Races for Awards.**

**Scoring: Best 9 races score, one point for each race after that.**

1<sup>st</sup> place - 10pts • 2<sup>nd</sup> - 9pts • 3<sup>rd</sup> - 8pts • 4<sup>th</sup> - 7pts • 5<sup>th</sup> - 6pts  
6<sup>th</sup> - 5pts • 7<sup>th</sup> - 4pts • 8<sup>th</sup> - 3pts • 9<sup>th</sup> - 2pts • 10<sup>th</sup> - 1pt

## RACES

- |                                 |                            |
|---------------------------------|----------------------------|
| 1. ORC Winter Series 5k Race #4 | 7. Turtle Trot 5k          |
| 2. Chocolate 5k                 | 8. Run 4 Downtown 4M       |
| 3. Run Like the Wind 5k         | 9. Run for Recovery 5k     |
| 4. Chester Kiwanis 5k           | 10. Police Chase 5k        |
| 5. Classic 10k                  | 11. Pine Bush Ambulance 5k |
| 6. Great American Weekend 10k   | 12. ORC Jingle Jog 4M      |

### Awards

- Top 3 overall male & female
- 19 and under
- 20-29
- 30-39
- 40-49
- 50-59
- 60-69
- 70 and over



### Registration

Must sign up by Race #3  
\$22 ORC, SSRC members  
\$27 general registration

Ironman awards for those who complete all 12 races  
Unisex shirt to all participants.

## 2020 GRAND PRIX REGISTRATION

Please make checks payable to Orange Runners Club  
Mail to: George Shurter • 102 Schoolhouse Road • Middletown, NY 10940

Name: (First) \_\_\_\_\_ (Last) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age on February 24th \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Male  Female  ORC Member  SSRC Member

Shirt Size Unisex:  x Small  Small  Medium  Large  X Large  XX Large

Waiver: I know that running and volunteering to work in running races are potentially hazardous activities. I should not enter and run or otherwise participate in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races, including but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks having been known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for the Grand Prix, I for myself, and anyone entitled to act on my behalf, waive and release the Orange Runners Club, Inc., the USAT&F and all sponsors, their representatives and successors from all claim or liabilities of any kind arising out of my participation in these activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature if under 18: \_\_\_\_\_

Contact: George Shurter at [jshurter@hvc.rr.com](mailto:jshurter@hvc.rr.com) and Orange Runners Club at [www.orangerunnersclub.org](http://www.orangerunnersclub.org)