

# 2008 Orange Runners Club Special New Membership



Make Payment to 2008 "ORC YEARLY MEMBERSHIP"

Mail to: Orange Runners Club, PO BOX 2144, Middletown, NY 10940

Last Name \_\_\_\_\_ First \_\_\_\_\_ Age \_\_\_\_\_ Birth date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

Occupation \_\_\_\_\_ Volunteer Skills / Interests \_\_\_\_\_

For new members only (meaning you are truly new, or were inactive for all of 2006 and 2007), join now and get the remainder of 2008 and all of 2009 for a one year membership rate.

Category (select one): Single - \$25  Family\*\* - \$40  Student (under 19) & Senior (over 59) - \$15

\*\* Please list each family member's name, age, and date of birth. B) Each participating family member must have same address

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run or otherwise participate in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races, including but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks having been known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I for myself, and anyone entitled to act on my behalf, waive and release the Orange Runners Club, Inc., the USAT&F and all sponsors, their representatives and successors from all claim or liabilities of any kind arising out of my participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Parent's Signature (if under 18) \_\_\_\_\_ Date: \_\_\_\_\_



## WHAT ARE SOME OF THE BENEFITS?

*Sweat Gazette Newsletter*

*Socializing*

*Coached Weekly Track Workouts*

*Training and Racing Tips*

*Organized Group Runs*

*Monthly Club Meeting with Guest Speakers*

*Chance to Meet New People*

*Discount to Club Races and Select Businesses*

*Find a Training Partner or Two*

*Perfect Environment to Seek all Levels of Fitness*

*Opportunity to Get Involved in the Running Community*

*Apply your Experience and Interests for the Benefit of Others*