

**Results for The 2nd Annual 5K Run/Walk Recovery and Alumni Gathering  
Held at the Richard Ward Treatment Center, Middletown, NY Saturday, September 30th, 2012**

**Race Director: Krista Warner**  
[Timing and Scoring: Eagle Timing"](#)

Position	Bib #	Name	Total Time	Pace	Age	Gender	Division	City	State	Age Rank
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DIVISION: 5K										
1	74	Insignares, Patty	21:47.7	7:01	51	F	5K	Goshen	NY	1 Overall Female
2	21	Vazquez-Adames, Stephanie	22:16.0	7:10	26	F	5K	Monroe	NY	2 Overall Female
3	70	Quinn, Rachel	22:20.0	7:11	20	F	5K	Goshen	NY	3 Overall Female
4	50	Fredericks, Marty	22:39.3	7:17	50	M	5K	Monroe	NY	1 Overall Male
5	41	Vasquez, George	23:10.5	7:27	53	M	5K	Monroe	NY	2 Overall Male
6	19	Waterman, Robert	23:17.3	7:30	45	M	5K	Middletown	NY	3 Overall Male
7	28	Brockett, Steve	23:32.6	7:34	53	M	5K	Middletown	NY	1 M-50 to 59
8	13	Lintz, Jeffrey	23:47.6	7:39	45	M	5K	Middletown	NY	1 M-40 to 49
9	62	Monchak, John	24:14.0	7:48	61	M	5K	Tafton	PA	1 M-60 to 69
10	37	Colgan, Bridget	24:27.8	7:52	26	F	5K	Southfields	NY	1 F-20 to 29
11	18	Klepeis, Michael	24:50.0	7:59	21	M	5K	Maybrook	NY	1 M-20 to 29
12	67	Groszek, Dane	24:57.8	8:02	58	M	5K	Middletown	NY	2 M-50 to 59
13	79	Reade, Maddalena	25:31.3	8:13	38	F	5K	Newburgh	NY	1 F-30 to 39
14	39	Jordan, Danielle	25:39.2	8:15	29	F	5K	Monroe	NY	2 F-20 to 29
15	55	Casillo, Joseph	25:53.0	8:20	60	M	5K	Middletown	NY	2 M-60 to 69
16	90	Brief, Jane	25:59.2	8:22	48	F	5K	Warwick	NY	1 F-40 to 49
17	44	McKenna, Amy	26:02.4	8:23	35	F	5K	Montgomery	NY	2 F-30 to 39
18	24	Phillips, Sharon	26:25.3	8:30	50	F	5K	Middletown	NY	1 F-50 to 59
19	56	Santory, Carlos	26:40.6	8:35	56	M	5K	Monroe	NY	3 M-50 to 59
20	52	Zawistowski, Thomas	26:46.8	8:37	48	M	5K	Otisville	NY	2 M-40 to 49
21	63	King, Antoinette	26:56.0	8:40	35	F	5K	Bloomingburg	NY	3 F-30 to 39
22	49	Kerrigan, Tom	27:10.2	8:45	50	M	5K	Goshen	NY	4 M-50 to 59
23	5	Khoury, Cynthia	27:25.1	8:49	34	F	5K	Middletown	NY	4 F-30 to 39
24	69	Quinn, Mike	27:44.1	8:56	50	M	5K	Goshen	NY	5 M-50 to 59
25	20	Crapanzano, Sandra	27:48.8	8:57	48	F	5K	Washingtonville	NY	2 F-40 to 49
26	36	Bowen, Charles	27:50.4	8:57	55	M	5K	Chester	NY	6 M-50 to 59
27	26	Spannagel, James	27:53.9	8:58	69	M	5K	New Hampton	NY	3 M-60 to 69
28	51	Zawistowski, Deanna	28:49.7	9:16	56	F	5K	Otisville	NY	2 F-50 to 59
29	42	Rocchio, Jodie	28:54.3	9:18	44	F	5K	Huguenot	NY	3 F-40 to 49
30	83	Jennings, Holly	28:58.6	9:19	28	F	5K	New Windsor	NY	3 F-20 to 29
31	1	Mark, Alyce	29:08.0	9:23	22	F	5K	Washingtonville	NY	4 F-20 to 29
32	15	Eiche, Jim	29:08.0	9:23	26	M	5K	Washingtonville	NY	2 M-20 to 29
33	45	Conklin, Jim	29:36.4	9:32	53	M	5K	Middletown	NY	7 M-50 to 59
34	25	Realmuto, George	29:39.9	9:33	71	M	5K	Middletown	NY	1 M-70 to 98
35	61	Collins, Bill	30:31.6	9:49	42	M	5K	Tarrytown	NY	3 M-40 to 49
36	59	Hoens, Frank	31:16.1	10:04	63	M	5K	Goshen	NY	4 M-60 to 69

Position	Bib #	Name	Total Time	Pace	Age	Gender	Division	City	State	Age Rank
37	57	Hagelmann, Ken	31:30.8	10:08	65	M	5K	Newburgh	NY	5 M-60 to 69
38	73	Schoeberl, Erin	32:04.2	10:19	30	F	5K	Montague	NJ	5 F-30 to 39
39	81	Strauss, Alex	32:37.8	10:30	16	M	5K	Westtown	NY	1 M-13 to 19
40	77	Colligan, Matt	33:27.2	10:46	48	M	5K	Goshen	NY	4 M-40 to 49
41	75	Matthews, Andrew	33:49.1	10:53	47	M	5K	Montgomery	NY	5 M-40 to 49
42	47	Schultz, John	34:38.4	11:09	80	M	5K	Wilmington	DE	2 M-70 to 98
43	80	Strauss, William	35:04.5	11:17	48	M	5K	Westtown	NY	6 M-40 to 49
44	8	Ward, Elizabeth	35:31.1	11:26	27	F	5K	Washingtonville	NY	5 F-20 to 29
45	54	Patton, George	36:00.0	11:35	66	M	5K	Shohola	PA	6 M-60 to 69
46	78	Friedwall, Clare	36:38.7	11:47	30	F	5K	St. Louis	MO	6 F-30 to 39
47	7	Rodriguez, Edwin	37:17.3	11:59	25	M	5K	Newburgh	NY	3 M-20 to 29
48	17	Crescenzo, Lori	38:38.8	12:26	55	F	5K	Middletown	NY	3 F-50 to 59
49	72	Gostomsky, Beau	40:06.3	12:54	42	M	5K	Middletown	NY	7 M-40 to 49
50	71	Spitz, Jeff	40:07.4	12:55	45	M	5K	Middletown	NY	8 M-40 to 49
51	82	Hall, Toni	41:36.8	13:23	40	F	5K	Middletown	NY	4 F-40 to 49
52	40	Velez, Julie	43:03.1	13:51	34	F	5K	New City	NY	7 F-30 to 39

DIVISION: walk										
1	11	Gesso, Gina	39:19.9	12:39	51	F	walk	Maybrook	NY	1 F-1 to 99
2	85	Lynch, Kaeian	41:28.2	13:21	17	M	walk	Warwick	NY	1 M-1 to 99
3	84	Sanders Efran, Sam	41:28.2	13:21	16	M	walk	Sugar Loaf	NY	2 M-1 to 99
4	60	Holmes, Chris	42:19.0	13:37	37	M	walk	Ellenville	NY	3 M-1 to 99
5	4	Rivera, Carmen	42:21.6	13:38	59	F	walk	Middletown	NY	2 F-1 to 99
6	76	D'Ambrosio, Tom	45:50.6	14:45	56	M	walk	Middletown	NY	4 M-1 to 99
7	30	Oppenheimer, Jeffrey	46:16.8	14:53	41	M	walk	Newburgh	NY	5 M-1 to 99
8	91	Anthony, Anthony	46:18.3	14:54	46	M	walk	Newburgh	NY	6 M-1 to 99
9	33	Walsh, Kevin	46:19.1	14:54	32	M	walk	Newburgh	NY	7 M-1 to 99
10	58	McDaniel, David	46:23.4	14:56	28	M	walk	Newburgh	NY	8 M-1 to 99
11	9	Ward, Emma	46:30.5	14:58	9	F	walk	Washingtonville	NY	3 F-1 to 99
12	22	Ward, Stephanie	46:35.9	14:59	23	F	walk	Washingtonville	NY	4 F-1 to 99
13	14	Ward, Jennifer	46:41.0	15:02	34	F	walk	Washingtonville	NY	5 F-1 to 99
14	38	Ward, Obie	46:43.4	15:02	63	F	walk	Washingtonville	NY	6 F-1 to 99
15	3	Conklin, Barbara	48:04.3	15:28	51	F	walk	Monroe	NY	7 F-1 to 99
16	53	Panko, Michael	48:12.8	15:31	25	M	walk	Middletown	NY	9 M-1 to 99
17	68	Shey, Julie	48:14.0	15:31	30	F	walk	Bronx	NY	8 F-1 to 99
18	48	Zolnoski, Tom	49:20.2	15:53	57	M	walk	Middletown	NY	10 M-1 to 99
19	23	Solomon, Wayne	52:25.5	16:52	59	M	walk	New Windsor	NY	11 M-1 to 99
20	66	Brown, Tammy	52:41.8	16:57	36	F	walk	Rock Hill	NY	9 F-1 to 99
21	46	Cahn, Erica	52:43.0	16:58	22	F	walk	Warwick	NY	10 F-1 to 99
22	65	Foster, Heather	52:43.3	16:58	11	F	walk	Grahamsville	NY	11 F-1 to 99
23	64	Wilks, Dzyre	52:44.6	16:58	16	F	walk	Rock Hill	NY	12 F-1 to 99
24	89	Kohut, J.	52:49.9	16:59	54	F	walk	Sugar Loaf	NY	13 F-1 to 99
25	2	Dolnick, Ava	52:49.9	16:59	52	F	walk	Chester	NY	14 F-1 to 99
26	87	Krahulik, Thomas	53:04.4	17:05	17	M	walk	Warwick	NY	12 M-1 to 99
27	86	Oleck, Olivia	53:04.5	17:05	17	F	walk	Warwick	NY	15 F-1 to 99
28	88	Brenner, Farrell	53:04.6	17:05	99	F	walk	Sugar Loaf	NY	16 F-1 to 99