

I Am Beacon Mission Statement

I Am Beacon serves to unlock the potential of the Beacon community inclusive of residents, business owners and volunteers. Our purpose is to strengthen involvement through effective communication, education and advocacy. Our goal is to increase public participation and volunteerism throughout Beacon.

About Marathon Project- Beacon Youth Runners

The Marathon Project partners adult mentors with at-risk youth ages 12-18 throughout the Hudson Valley. The project aims to reduce risk factors such as childhood obesity, school drop-out rates, and substance misuse.

With your support, we will be able to help our local Beacon youth runners achieve their goal to complete either a half or full marathon in Hartford, CT this October

About Beacon Centennial

Beacon will be 100! With your participation, I Am Beacon will be able to donate a portion of the proceeds to the upcoming celebration.

Event Details

Whether you are an avid runner, beginner, or first timer our race is perfect for everyone. We invite participants to join us in celebrating the vibrant Beacon community while raising money for our local runners and Beacon's upcoming 100th Anniversary!

5-K ROUTE – the 3.1 mile course is located in and around Memorial Park, beginning at the park pavilion near the playground.

KIDS 1 Mile Fun Run – Children 12 and under only. No registration required.

POST RACE Sponsored food/beverages will be offered.

AWARDS – Race Day T-shirts will be given to the first 50 registrants. Top 5K finishers in designated age groups will receive award. Age groups: 11 and under, 12-19, 20-29, 30-39, 40-49, 50-60, 60+. Overall 5K winners will receive awards and/or prizes for 1st, 2nd, and 3rd place male and female. Great for family time!

Important Dates & Times

EARLY BIRD REGISTRATION – Before Sept 1st

Register online at

RunsSignup.com/Race/NY/Beacon/IRunBeacon5KRunWalk

or mail the enclosed form and payment to:

I Am Beacon
PO Box 265
Beacon, NY 12508

PACKET PICK-UP – Packets will be available at the Memorial Field for pick-up on race day at 8am.

RACE DAY: Sept 30th

8:00a.m. Last Call Registration/Check-In
9:00a.m. 5k Run/Walk
11:00 – 12:00 Awards Ceremony
Kids 1 Mile Fun Run

I Am Beacon presents...



5K Run/Walk 09.30.12

*Celebrating the journey...
one step at a time!*

We invite you to join us as we celebrate Beacon's upcoming 100th Anniversary while raising money for our local Marathon Project- Beacon Youth Runners and the Centennial event!

Sept 30th, 2012

Memorial Park

2-116 Robert Cahill Drive, Beacon, NY

(intersection of Fishkill Avenue & Wilkes Street)

Race Start time: 9am

I Am Beacon is a registered 501(c)3 non-profit organization dedicated to increasing public participation and volunteerism throughout the Beacon community.

REGISTER ONLINE AT

RunsSignup.com/Race/NY/Beacon/IRunBeacon5K

Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

DOB: _____ Age: _____ Gender: _____

Phone Number: _____

Emergency Contact: _____

Emergency Phone Number: _____

E-mail: _____

T Shirt Size (S-XXL): _____

Registration Fees

\$25.00 Pre-registered by 9/1/2011 \$ _____

\$30.00 After 9/1/2011 \$ _____

*T-shirts available to the first 50 registrants!

Submit completed registration form along with check/money order made payable to:

I Am Beacon
P.O. Box 265
Beacon, N.Y. 12508

Any questions please contact:

Brooke M. Simmons
5K Coordinator
brooke@iambeacon.org
845.765.2665

Please return with waiver 

I know that running and volunteering to work in charity races are potentially hazardous activities. I should not enter and run in this race unless I am medically able and properly trained. I assume all risks associated with running and volunteering to work in club races including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release I Am Beacon, I Run Beacon and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race and/or club activities even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Waiver: All race day insurance will be provided I Am Beacon. By signature, I attest that I am physically fit and sufficiently trained to participate in this event. I have full knowledge of the risks involved. I further acknowledge that the race course contains uneven surface conditions, potholes, and curbs, which may create a risk; I further acknowledge that the race is on public roads and that vehicular traffic may be encountered, and I accept these risks. Therefore, in consideration of the acceptance of my entry, I for myself, my heirs, my executors, and administrators waive any and all rights and claims for damages I may have against I Am Beacon, race sponsors, and any individuals associated with this event and will hold them harmless for any and all injuries I may suffer in conjunction with this event. I have read and understand this liability release.

Cancellation: I Run Beacon will occur in the event of rain. Barring extreme circumstances i.e. Lightning and/or thunderstorms there will be no refunds, but rather your entry fee will be used as a donation to help abused children in various IOLS programming.

Participant's Name _____

Signature _____
(Parent or Guardian's Signature if under 18)

Date _____

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5K Run/Walk 09.30.12

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one step at a time!*

Visit our website:
www.iambeacon.org

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facebook.com/iambeacon