



Kerhonkson Day 5K First EVER Run and Walk

**August 25, 2012
9:30am Sharp!**

**Scenic course through the streets of Kerhonkson
and the Rondout Creek Rail Trail.**

Check in and race-day registration at Kerhonkson Firehouse 8:00-9:15

Entry fee: \$10 before August 1st; \$15 on or after August 1st

Free T-shirt for first 50 participants

**Race start and finish on the Kerhonkson Green in front of
Firehouse.**

Breakfast will be available for sale after the race.

Proceeds to benefit Friends of Historic Kerhonkson

**For late breaking information and a map of the course, see
<https://sites.google.com/site/kerhonkson5kwalkandrun/>
or email: friendsofkerhonkson@gmail.com**

**Cut on line and return bottom with a check payable to:
Friends of Historic Kerhonkson, ATTN: 5K Race PO 421 Kerhonkson, NY 12446**

Name: _____

Mailing Address: _____

Phone: (_____) _____ **Age:** _____ **Gender:** _____ **Shirtsizes** _____

Email: _____

**NO REFUNDS, EXCHANGES, OR TRANSFERS. NO ANIMALS MAY
ACCOMPANY RUNNERS.**

**In consideration of accepting this entry, I the undersigned, intending to be legally bound for
myself, my heirs, executors and administrators, waive and release any and all rights and claims
for damages I may have against the Friends of Historic Kerhonkson, Town of Rochester, Town of
Wawarsing, and any and all sponsors, their representatives, successors and assigns for any and all
injuries suffered by me in this even. I attest and verify that I am physically fit and have trained
sufficiently for this event and my physical condition has been verified by a licensed medical doctor.**

Don't forget to sign here->>> _____