7th ANNUAL
LAURA GIORDIANO MEMORIAL 5K RUN/WALK
SPONSORED BY SHAWANGUNK C. F. EMPLOYEE RECREATION COMMITTEE TO BENEFIT
THE AMERICAN BREAST CANCER FUND

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FRIDAY, August 10, 2012
RACE/WALK START - 6:00 PM SHARP - WALLKILL/SHAWANGUNK CLUBHOUSE
200 BIRCH RD., WALLKILL, NY 12589

REGISTRATION:

$25.00 PRE-REGISTER *by JULY 25th w/payment & receive a free T-shirt*
$25.00 DAY OF RACE - REGISTRATION: 4:30 - 5:30 PM - AT THE CLUBHOUSE

AWARDS:

⇨ OVERALL MALE & FEMALE IN RUN & WALK
⇨ 1ST THREE FINISHERS IN EACH AGE GROUP
⇨ *Special Awards to the* 1ST MALE & FEMALE SHAWANGUNK C.F. EMPLOYEE FINISHER IN RUN & WALK

CHILDREN'S FUN RUN $2.00 - REGISTER DAY OF THE RACE - PRIZES TO ALL PARTICIPANTS

FREE BBQ FOR ENTRANTS AFTER THE RACE - - - ALL OTHERS $10.00
Hamburgers / Hot Dogs / Salad / Soda / Beer / Wine

RACE DIRECTOR: SPERO CHUMAS E-MAIL: SCNY42@AOL.COM PHONE: 845-895-2760
RACE COORDINATOR: LYNN BRIGGS E-MAIL: LYNN.BRIGGS@DOCCS.NY.GOV PHONE: 845-895-2081 (EXT. 2010)

FOR APPLICATION: SEND AN E-MAIL & WE WILL E-MAIL YOU BACK AN APPLICATION

CHECK OR MONEY ORDER PAYABLE TO: SHAWANGUNK RECREATION COMMITTEE
MAIL TO: SHAWANGUNK CORRECTIONAL FACILITY
ATTN: LYNN BRIGGS
PO BOX 750, WALLKILL, NY 12589

YOUR SIGNATURE WILL INDICATE YOUR ACKNOWLEDGMENT THAT NEITHER SHAWANGUNK NOR WALLKILL CORRECTIONAL FACILITIES WILL BE LIABLE FOR ANY INJURIES SUSTAINED DURING THIS EVENT.

NAME: _____ **MALE** ( ) **FEMALE** ( ) **AGE** _____
PRINT NAME DAY OF RACE

ADDRESS:_____ **PHONE #:** _____

_____ **SIGNATURE**:_____
PARENT'S SIGNATURE for PARTICIPANTS UNDER 18 YRS OLD

E-MAIL: _____

COMPETITION: **RUN** ( ) **WALK** ( ) **HEAVYWEIGHT MALE (200 lbs.+) RUN** ( )
SHAWANGUNK EMPLOYEE: ( )

SHIRT SIZE (FREE FOR PRE-REGISTERED): **S** ( ) **M** ( ) **L** ( ) **XL** ( ) **XXL** ( )

AGE GROUPS:

RUN:			**WALK:**	
15 & UNDER	**16 – 19**	**20 - 29**	**29 & UNDER**	**30 - 49**
30 - 39	**40 - 49**	**50 - 59**	**50 - 64**	**65 & OVER**
60 - 69	**70 & OVER**			