

# Training Log 2020



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
January 01, 2020, Wednesday			
January 02, 2020, Thursday			
January 03, 2020, Friday			
January 04, 2020, Saturday			
January 05, 2020, Sunday			
January 06, 2020, Monday			
January 07, 2020, Tuesday			
January 08, 2020, Wednesday			
January 09, 2020, Thursday			
January 10, 2020, Friday			
January 11, 2020, Saturday			
January 12, 2020, Sunday			
January 13, 2020, Monday			
January 14, 2020, Tuesday			
January 15, 2020, Wednesday			
January 16, 2020, Thursday			
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February 01, 2020, Saturday			
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February 03, 2020, Monday			
February 04, 2020, Tuesday			
February 05, 2020, Wednesday			
February 06, 2020, Thursday			
February 07, 2020, Friday			
February 08, 2020, Saturday			

# Training Log 2020



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
February 09, 2020, Sunday			
February 10, 2020, Monday			
February 11, 2020, Tuesday			
February 12, 2020, Wednesday			
February 13, 2020, Thursday			
February 14, 2020, Friday			
February 15, 2020, Saturday			
February 16, 2020, Sunday			
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March 01, 2020, Sunday			
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March 11, 2020, Wednesday			
March 12, 2020, Thursday			
March 13, 2020, Friday			
March 14, 2020, Saturday			
March 15, 2020, Sunday			
March 16, 2020, Monday			
March 17, 2020, Tuesday			
March 18, 2020, Wednesday			

Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
March 19, 2020, Thursday			
March 20, 2020, Friday			
March 21, 2020, Saturday			
March 22, 2020, Sunday			
March 23, 2020, Monday			
March 24, 2020, Tuesday			
March 25, 2020, Wednesday			
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April 01, 2020, Wednesday			
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April 21, 2020, Tuesday			
April 22, 2020, Wednesday			
April 23, 2020, Thursday			
April 24, 2020, Friday			
April 25, 2020, Saturday			
April 26, 2020, Sunday			

Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
April 27, 2020, Monday			
April 28, 2020, Tuesday			
April 29, 2020, Wednesday			
April 30, 2020, Thursday			
May 01, 2020, Friday			
May 02, 2020, Saturday			
May 03, 2020, Sunday			
May 04, 2020, Monday			
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May 29, 2020, Friday			
May 30, 2020, Saturday			
May 31, 2020, Sunday			
June 01, 2020, Monday			
June 02, 2020, Tuesday			
June 03, 2020, Wednesday			
June 04, 2020, Thursday			

Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
June 05, 2020, Friday			
June 06, 2020, Saturday			
June 07, 2020, Sunday			
June 08, 2020, Monday			
June 09, 2020, Tuesday			
June 10, 2020, Wednesday			
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June 17, 2020, Wednesday			
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July 01, 2020, Wednesday			
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July 08, 2020, Wednesday			
July 09, 2020, Thursday			
July 10, 2020, Friday			
July 11, 2020, Saturday			
July 12, 2020, Sunday			
July 13, 2020, Monday			

Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
July 14, 2020, Tuesday			
July 15, 2020, Wednesday			
July 16, 2020, Thursday			
July 17, 2020, Friday			
July 18, 2020, Saturday			
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August 16, 2020, Sunday			
August 17, 2020, Monday			
August 18, 2020, Tuesday			
August 19, 2020, Wednesday			
August 20, 2020, Thursday			
August 21, 2020, Friday			

Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
August 22, 2020, Saturday			
August 23, 2020, Sunday			
August 24, 2020, Monday			
August 25, 2020, Tuesday			
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September 25, 2020, Friday			
September 26, 2020, Saturday			
September 27, 2020, Sunday			
September 28, 2020, Monday			
September 29, 2020, Tuesday			

Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
September 30, 2020, Wednesday			
October 01, 2020, Thursday			
October 02, 2020, Friday			
October 03, 2020, Saturday			
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November 03, 2020, Tuesday			
November 04, 2020, Wednesday			
November 05, 2020, Thursday			
November 06, 2020, Friday			
November 07, 2020, Saturday			



# Training Log 2020



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
November 08, 2020, Sunday			
November 09, 2020, Monday			
November 10, 2020, Tuesday			
November 11, 2020, Wednesday			
November 12, 2020, Thursday			
November 13, 2020, Friday			
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December 11, 2020, Friday			
December 12, 2020, Saturday			
December 13, 2020, Sunday			
December 14, 2020, Monday			
December 15, 2020, Tuesday			
December 16, 2020, Wednesday			

# Training Log 2020



Day	Distance	Time	Course, Notes, Weather, Shoes, etc.
December 17, 2020, Thursday			
December 18, 2020, Friday			
December 19, 2020, Saturday			
December 20, 2020, Sunday			
December 21, 2020, Monday			
December 22, 2020, Tuesday			
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December 31, 2020, Thursday			