

# WALKWAY 5K Run/Walk Registration Form

**Hudson Valley**



**Outdoor Adventure Expo**

IN PARTNERSHIP WITH



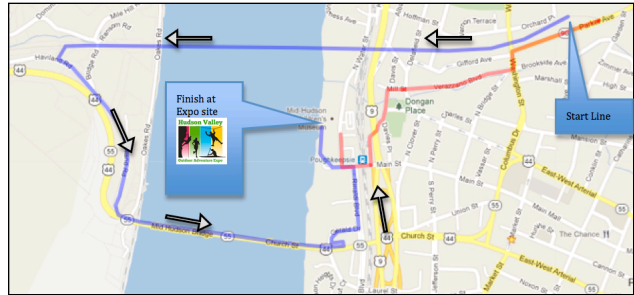
**ulstercountyalive.com**



**Start:** On the East side of the Walkway of the Hudson,  
**Finish:** At the Expo Main event site in the Waterfront Park.  
**Time:** 10AM start on the Walkway

**Details: 5 k run/walk on the Walkway loop trail.**

Competitors will walk up to the start on the east side of the Walkway. (Red route) After the start we cross the Walkway (Blue route), turn left to follow the shoulder of Havilland road to the end. Here we access the pedestrian access to the Mid Hudson Bridge. Crossing the Bridge we follow Gerlad Drive to Rinaldi Blvd and turn left on Lower Main street to access the Waterfront park and the Finish at the Expo Main event site.



**Post Race:** Join us at the Expo with an array of booths and exhibits spanning across all areas of outdoor pursuits and adventures in the Hudson Valley, 5 Bands with live music throughout the weekend and other unique adventure events to provide weekend entertainment.

**Racer Info:**

Racer Name	
Under 18 Racer Name	
Street Address	
City, State, Zip	
Phone	
Email	
Race Day Age	
Gender (M/F)	
Emergency Contact	
Emergency Contact Phone	

<b>Registration Fees:</b>	<b>Cost</b>	<b>Total</b>
<b>Pre Entries</b> (Online and at Expo on Saturday)	\$25 pp	
<b>Race Day Entries</b>	\$35 pp	
<b>Kids Fun Costume at Children's Museum</b>	See info online	
<b>ENTER ONLINE: link to <a href="http://RACE.IT.COM">RACE.IT.COM</a></b> <b>(Search Walkway 5K Run, Poughkeepsie, NY)</b> <b>Paper entries:</b> (to arrive before May 20 <sup>th</sup> ) Mail entry form and a check payable to: <b>Walkway 5K C/O Adventure Junction.</b> <b>1188 Albany Post Rd,</b> <b>Gardiner, NY, 12525.</b>		

Event Info at [www.outdooradventureexpoHV.com](http://www.outdooradventureexpoHV.com)

**Online Entries close Friday June 1st at 5pm, Entries available at Packet Pick Up at Expo on Sat June 2nd**

**Paper entries close after May 20th. On the day entries: Add \$10**

**Waiver: All participants are required to sign our waiver**

I know that participating in the Walkway 5K Run/Walk event is potentially hazardous. I agree not to enter and participate unless I and/or my child are medically able and properly trained. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls, contact with vehicles, other participants, spectators, wildlife or others, the effect of weather, including high heat, extreme cold and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, my child and anyone entitled to act on my behalf, waive and release race directors and volunteers, Adventure Junction, Wildcat Epic Events, Dutchess County Tourism, Ulster County Tourism, The Children's Museum, The Walkway over the Hudson and the City of Poughkeepsie, from all liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of any persons or organizations named in this waiver. I understand that dogs, bicycles, skateboards, inline skates and radio headsets are not allowed in the race and I will abide by this rule.

Signature \_\_\_\_\_

Signature of Parent or Guardian if Under 18 \_\_\_\_\_

Date \_\_\_\_\_

For Queries: Email: [Gunter@wildcatpeicevents.com](mailto:Gunter@wildcatpeicevents.com) or Phone: 845 256 8073