



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PEDAL FOR A PURPOSE



Spin-A-Thon

YMCA OF MIDDLETOWN & SOUTH ORANGE FAMILY YMCA

Make a difference in the community while doing what you love. Join us for the Spin-A-Thon which benefits our 2018 Strong Kids Campaign. Visit our website to learn more about the Annual Strong Kids Campaign.

FREE raffles will take place throughout the event and refreshments will be served.

Invite your friends and family to participate!

For more information, please contact:
Laura Baird at (E) lbaird@middletownymca.org

YMCA OF MIDDLETOWN
81 Highland Avenue, Middletown, NY 10940
(P) 845 344 9622 (W) www.middletownymca.org

SOUTH ORANGE FAMILY YMCA
45 Gilbert Street Extension, Monroe, NY 10950
(P) 845 782 9622

SOUTH ORANGE FAMILY YMCA
Saturday, March 3rd 8:30AM-10:00AM

YMCA OF MIDDLETOWN
Sunday, March 18th 8:30AM-10:00AM

Snow Date for both locations: March 25th

\$25 Donation per person

OPEN TO THE COMMUNITY

FIRST COME FIRST SERVE BASIS FOR SPIN BIKE OR BRING YOUR OWN BIKE WITH A TRAINER

Register at either branch or online at www.middletownymca.org

THANK YOU TO OUR SPONSOR!



Registration Form

Name: _____ D.O.B: _____ Address: _____

City: _____ State: _____ Zip: _____ Phone #: _____

E-Mail: _____ Select Location: March 3rd-SOUTH ORANGE FAMILY YMCA
 March 18th-YMCA OF MIDDLETOWN

Select One: YMCA Member Guest
Select One: Spin Bike Personal Bike with Trainer

Please return this portion to the Welcome Center or to register by mail:

Make check payable to 'YMCA OF MIDDLETOWN' (MUST BE POSTMARKED 1 WEEK PRIOR TO EACH EVENT) and mail to:

YMCA OF MIDDLETOWN
81 Highland Avenue, Middletown, NY, 10940
ATTN: LAURA BAIRD