

WHY SHOULD WE RACE?



There are currently 5.3 million Americans living with disabilities related to a traumatic brain injury



Approximately every 23 seconds, someone in the US sustains a traumatic brain injury



There are 1.4 million brain injuries each year, of which 246,621 of those injured are residents of Pennsylvania.



Males are approximately 1.5 times more likely to sustain a TBI than females.



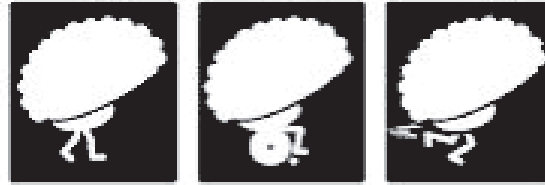
The two age groups at highest risk of TBI are 0-4 years old and 15-19 years old.



Certain military duties increase the risk of sustaining a TBI. Blasts are a leading cause of TBI for active duty military personnel in war zones.



Symptoms of TBI may not be outwardly visible but may include functional changes affecting thinking, language, learning, emotions, behavior and / or sensation.



Walk, Roll, Run for Thought:

RACE FOR RECOVERY

Benefiting the
Brain Injury Association of Pennsylvania

Saturday, May 19, 2012

Ann St. Park, Milford, PA

9:00 am Registration

10:00 am 5k run & 1 mile walk & wheelchair roll

11:30 am Acknowledgements & awards

REGISTRATION:

Pre-registration is \$20 postmarked by May 5th, then \$25 May 5th - May 19th. Online registration closes May 17th.



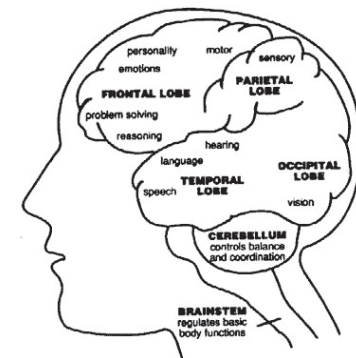
Progressive Health
Brain Injury Rehabilitation

FOR MORE INFORMATION:

570-296-5156 x 259

RACE FOR RECOVERY

If you or your business would like to learn more about becoming a supporting sponsor of this fundraising effort, please call
Kelly-Lynn Fedorka
(570)296-5156 x 259



All sponsors will be given recognition throughout this fundraising effort.

REGISTRATION FORM

Register online at

www.active.com/running/milford-pa/walk-run-roll-for-thought-race-for-recovery-2012

Or return this form with registration fee to:
Progressive Health of PA, Inc, Attn: Race For Recovery
112 East Harford St., Milford, PA 18337

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

T-Shirt Size: _____

Emergency Contact: _____

PARTICIPATION:

Run Walk Wheelchair Roll

AMOUNT ENCLOSED:

\$20 Registration Fee (postmarked by May 5th)

\$25 Registration Fee (after May 5th and on race day)

I cannot attend. Enclosed is a contribution of: _____

*Make checks payable to
"Brain Injury Association of PA, Inc.



Walk, Roll, Run for Thought:

to benefit the:



The Brain Injury Association of PA, Inc. (BIAPA) works to prevent brain injury and improve the quality of life for brain injury patients and their families. Please visit www.BIAPA.org for more information about TBI and prevention.

hosted by:



Progressive Health
Brain Injury Rehabilitation

The mission of Progressive Health is to improve the quality of life for survivors of brain injury by providing community integrated rehabilitation programs which increase and individuals independence and safety in all aspects of daily living.



Walk, Roll, Run for Thought:

RACE FOR RECOVERY

The **RACE FOR RECOVERY** has been created to raise awareness and promote safer choices in an effort to decrease the incidence and severity of traumatic brain injuries.

Saturday
May 19, 2012
W. Ann St. Memorial Park
Milford, PA

PROCEEDS WILL BENEFIT:

Programs aimed at educating the public to prevent traumatic brain injuries

Rehabilitation programs for those who have suffered a traumatic brain injury