

**REGISTRATION FORM
or register online @**

www.raceforum.com/autism5k

(\$2.50 fee for 5K, \$2.00 fee for 1K to register on-line)

I'm unable to attend, but would like to donate: \$_____

**Pre-Registration - 5K-\$20, 1K-\$8
Day of Race - 5K-\$25, 1K-\$10**

- **ALL pre-registered for the 5K will receive a beautiful T-shirt FREE!**
- **Awards to top 3 overall female & male finishers & age group awards.**
- **Participation ribbons for all in 1K**
- **FREE breakfast buffet**
- **New Certified & Fast 5K Course**

Name: _____

Age as of 4/1/2012: _____ Male / Female

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

(circle one)

5K or 1K

Adult Shirt Size: S M L XL

PLEASE SIGN WAIVER ON OTHER SIDE!

Please make all checks and money orders payable to:

Mental Health Association in Orange County, Inc.

**73 James P. Kelly Way
Middletown, NY 10940**

****Please add "AMOC" on memo line of checks**

Mental Health Association In
Orange County, Inc.
73 James P. Kelly Way
Middletown, NY 10940

5K Road Race & 1K Fun Run for Autism

'Hustle for the Puzzle'



Sunday April 1, 2012

In person registration 7:30 a.m.

Start Time 8:30 a.m.

**Thomas Bull Memorial Park
Boat House
Montgomery, NY**

To benefit the Autism Spectrum Fund and special events to raise awareness, understanding and acceptance of Autism Spectrum Disorders.

Brought to you by

Parents Run A.M.O.C.

& Mental Health Association in Orange County, Inc



What is Autism?

Autism is a neurological disorder that affects a person's ability to communicate, reason and socially interact with others. It is a lifelong disorder effecting individuals differently and to varying degrees of severity. As reported by the Centers for Disease Control, 1 in every 110 children is affected by autism.

What is Parents Run AMOC?

Formed in 2004 by parents who saw there was a need to raise awareness and bring about more understanding of Autism Spectrum Disorders, it is comprised of a group of very dedicated parents who volunteer their time to improving the quality of life for individuals with ASD through awareness, understanding and tolerance of this disorder.

New volunteers are always welcome.

For information please call:
(845) 342-2400 ext. 253 or 307

The MHA family shares a system of values and behaviors that recognizes and respects the presence and contributions of all diverse groups.

Helpline/Rapeline 1-800-832-1200

mha@mhaorangenyc.com

**Are you dealing with cyber bullying,
Drugs/alcohol, gangs, sexting, sexual
assault, problems at home, school, bus or
Just need someone to talk with someone
Reach out to us & text anonymously...**

Text 4 Teens 845-391-1000

Mon-Thurs 5pm-9pm, Fri-Sun 5pm-12am



Directions

Thomas Bull Memorial Park
Boat House
Route 416
Montgomery, NY 12549

From Route 17

Route 17 West to Exit 124.

Turn left onto Route 17M at the light at the end of the exit ramp. At the next traffic light, turn right onto Route 207. Follow Route 207 through the Village of Goshen. Approximately 5 miles from Goshen, turn left onto Route 416 just after a narrow underpass. Proceed on Route 416 (park is on the left) approximately 2.3 miles and turn left onto Grove St. following signs for AMOC.

Route 17 East to Exit 124.

Stay to the right on the exit ramp. Turn right onto Route 207 toward Goshen. Proceed as above.

From Route 84

Route 84 West to Exit 5.

Turn left onto Route 208. At first traffic light turn right onto County Route 99. Travel 4 miles to Route 416. Turn left. Travel 1.5 miles (park is on the right) turn right onto Grove St. following signs for AMOC.

Route 84 East to Exit 5. Turn right onto 208. Follow above.

Mission Statement

Parents Run AMOC (Autism Move-A-Thon of Orange County) is dedicated to raising public awareness of Autism Spectrum Disorders (ASD). We strive to support families coping with ASD by providing information and networking opportunities to help empower them. Our goal is to help the community understand and better deal with the challenges facing individuals with ASD. We advocate for those individuals, who are often voiceless, to be accepted and respected as individuals living in our community. We aim to raise better understanding, awareness, and more tolerance of ASD through education within Orange County, NY

Waiver and Release of Liability

I grant full permission to Parents Run AMOC and MHA to use photographs of me and/or my family taken during this event, to promote future AMOC events.

I fully understand that my participation in the 5K Race/Walk for Autism exposes me to the risk of personal injury, death or property damage. I hereby acknowledge that I am voluntarily participating in the event & agree to assume such risk. I further understand that this event is being sponsored by the Mental Health Association of New York in Orange County and Parents Run Autism Move a thon of Orange County. I hereby release, discharge & agree not to sue the Mental Health Association of New York in Orange County or Parents Run Autism Move a thon or any of its officers, employees or agents for any injury, death or damage to or loss of personal property arising out of or in connection with my participation in the activity.

Signature _____ Date _____
(If under 18, must be signed by a parent/guardian)