



# 3rd Annual Hudson Valley 15K Road Race

Blooming Grove, NY  
April 10, 2011

9:00 am

Early Start 8:30 am

Walkers 8:00 am

Proud Member of the Hudson  
Valley Grand Prix and King &  
Queen of the Mountain Series



Registration & post race lunch takes place  
at Bella Luna Restaurant, Fieldstone  
Square, Route 94, Blooming Grove, NY



**All sponsorship proceeds  
to benefit the Food Bank of  
the Hudson Valley**



### Application Fees:

\$25 pre-registered by **Apr 2**,  
\$22 for ORC members

\$28 on race day, \$25 for  
ORC members

Awards presented to top 3 overall  
male and female as well as  
top three in the following age groups,  
19 and under, 20-29, 30-39; 40-49;  
50-59, 60-69, 70+  
Giveaways guaranteed to  
pre-registered runners

### For more information call:

John Finnigan (845) 496-1578  
jfinnigan@hvc.rr.com

**OR**

Steve Brockett  
sbrocket@courts.state.ny.us

### Directions

#### From the northwest and west:

Route 17 East to Chester. Then State Route  
94 East toward Washingtonville, approx. 5.5  
miles east of Chester.

#### From the north:

State Route 208 South to Washingtonville.  
Then Route 94 West 2.5 miles.

#### From the east:

State Route 94 East through Washingtonville,  
2 miles east of the village

#### From the south:

Route 17 West to Monroe / State Route 208.  
Route 208 north approx. 4 miles to Round Hill  
Rd. Left onto Round Hill to end. Right onto  
State Route 94 approx 0.3 miles

**Please make checks payable to  
Orange Runners Club**

and mail to:

HV15K c/o John Finnigan, 309 Beattie  
Road, Washingtonville, NY 10992

## 3rd Annual Hudson Valley 15K

Male  Female

Name (First): \_\_\_\_\_ Last: \_\_\_\_\_ Age on 4/10/11: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ e-mail address: \_\_\_\_\_ @ \_\_\_\_\_

ORC Member  HVGP Participant  Race Fee: \_\_\_\_\_ Food Bank Donation: \_\_\_\_\_ Total: \_\_\_\_\_ Shirt Size: S M L XL

WAIVER: I know that running a road race is a are potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effect of the weather, including high winds, cold temperatures, humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself, waive and release the Orange Runners Club, Inc., its officers and agents, the County of Orange, the towns of Blooming Grove and Goshen, the State of New York, all sponsors their representatives and successors, including employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if under 18): \_\_\_\_\_