



# The ORANGE RUNNERS CLUB

## 5K Winter Series 2021



**January 17<sup>th</sup> & 31<sup>st</sup> & February 14<sup>th</sup> & 28<sup>th</sup>, 2021 – 11:00 AM**  
**Walkers – 10:45 AM**

ORC/RRR/ ACTIVE MILITARY/ STUDENTS/ 1 <sup>ST</sup> RESPONDERS/ HEALTHCARE PROF. NON-MEMBER	Registration Cost:			
	Pre-registered	Day of Race	Senior Special (65 & over)	Family (Max 4 People) 1
	\$60 Series	none	\$45 Series	\$160 Series - Pre
	\$20 per event	none	\$15 per event	
	\$75 Series	none	\$60 Series	\$180 Series - Pre
	\$25 per event	none	\$20 per event	

<sup>1</sup> Family is defined as people living at same address. Max 2 adults.

*In honor of:*  
 RACE #1 FIRST RESPONDERS  
 RACE #2 COVID-19 VICTIMS  
 RACE #3 HEALTHCARE PROF.  
 RACE #4 VACCINE DEV



5K Course is at Middletown  
Community Campus (Psych Center)

### Directions to Start

Route 17 East or West to Exit 121 West  
(Route 84 West) to Exit 3W (17M). Right at  
end of ramp, onto 17M (Dolson Ave.). Left at  
County Road 108. CR 108 becomes CR 78.  
Continue on CR 78 to Maple Hill Elementary  
School entrance at Egerton Ave Take a right  
onto Egerton Ave into the Middletown  
Community Campus. Turn left on Empire Dr.  
Then right on Ashley Ave. Turn left on Seward  
Ave.

Please register online at: <https://register.chronotrack.com/r/60137>

Paper applications **MUST** be received in the club PO Box 2144

3 business days before the event to be valid.

For additional information call Naomi Forter (845) 800-0952 or Martin Nowak

(845) 344-4719 and [website](https://www.orangerunnersclub.com); Orange Runners Club, PO Box 2144, Middletown, NY 10940

Monetary awards presented to top 3 overall male and female winners. Top male and female finishers  
in age groups (1 deep) will receive a free race entry to the ORC Jingle Jog in December 2021.

Standings are based upon best three times in the four races.

Must complete three races to be eligible.

If a race is canceled, based upon best two of the three races.

AGE GROUPS: 12 and under, 13-19, 20-29, 30-39; 40-49; 50-59, 60-69, 70+

**(Top 3 Walkers will receive free ORC Jingle Jog race entry)**

Notes: Awards may be presented at a later date or mailed based on COVID-19 restrictions.

Participants must run/pay for all 4 races to qualify for a Winter Series 2021 shirt.

## ORANGE RUNNERS CLUB 5K Race

Name (First): \_\_\_\_\_ Last: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age on January 17th: \_\_\_\_\_ e-mail: \_\_\_\_\_ Phone #: \_\_\_\_\_

Male  Female  ORC Member  RRR  SS  ORC Grand Prix 2020 Amount enclosed: \_\_\_\_\_

RUNNER  WALKER Shirt Size  S  M  L  XL Donation to ORC \$ \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effect of the weather, including high winds, cold temperatures, humidity, traffic and the conditions of the road, COVID-19 exposure or infection, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, waive and release the Orange Runners Club, Inc., its officers and agents, the City of Middletown, the State of New York, Middletown Psychiatric Center, Cornell Cooperative Extension of Orange County, all sponsors their representatives and successors, including employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if under 18): \_\_\_\_\_

OVER



## **Assumption of the Risk and Waiver of Liability Relating to Coronavirus**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is **extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and the use of face coverings.

We have put in place preventative measures to reduce the spread of COVID-19; however, **cannot guarantee** that you or your child(ren) will not become infected with COVID-19. Further, **attending could increase** your risk and your child(ren)'s risk of contracting COVID-19.

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By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending or participating in the Orange Runners Club Winter Series 5K Run and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 in this 5K Run may result from the actions, omissions, or negligence of myself and others, including, but not limited to, volunteers, and participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the event or participation in event programming ("Claims"). On my behalf, I hereby release, covenant not to sue, discharge, and hold harmless the Orange Runners Club, its members, officers, and appointed chairs, all board members and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Orange Runners Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Orange Runners Club program or event.

The undersigned hereby agrees, represents, and warrants that neither the undersigned nor such attending family members shall visit or utilize the facilities, services, and events of the Orange Runners Club Winter Series if he or she (i) experiences symptoms of COVID-19, including, without limitation, fever, cough or shortness of breath, or (ii) has a suspected or diagnosed/confirmed case of COVID-19. The undersigned agrees to notify the Orange Runners Club immediately if he or she believes that any of the foregoing access/use restrictions may apply.

The undersigned hereby agrees, represents, and warrants that neither the undersigned nor such attending family members shall visit or utilize the facilities, services, and programs of the Orange Runners Club within 14 days after exposure to any person who has a suspected or confirmed case of COVID-19. The undersigned hereby acknowledges that they must adhere to all other applicable Federal, State, and County Executive Orders, statutes, laws, codes, rules and regulations with respect to participation in recreation activity including but not limited to State and County Health Department and regulations.

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Signature of Parent/Guardian

Date

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Print Name of Parent/Guardian

Name of Program Participant(s)