

# 2022 Orange Runners Club Membership

## January 1 – December 31



Make Payment to "ORC YEARLY MEMBERSHIP"

Mail to: Orange Runners Club, PO BOX 2144, Middletown, NY 10940

Last Name \_\_\_\_\_ First \_\_\_\_\_ Age \_\_\_\_\_ Birth date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone(\_\_\_\_) \_\_\_\_\_ Email(s) \_\_\_\_\_

Occupation \_\_\_\_\_ Volunteer Skills or Interests \_\_\_\_\_

Renewing  ~ or ~ New

Category (select one):  Single - \$30  
 Student (under 19), Senior (over 59) & Military (Act/Vet/Ret/Disb.)- \$20  
 Family\*\* - \$50 (Each participating family member must have same address)

**\*\* Please list each family member's name, birth date, and email below or on back of form.**

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run or otherwise participate in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races, including but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks having been known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I for myself, and anyone entitled to act on my behalf, waive and release the Orange Runners Club, Inc., the USAT&F and all sponsors, their representatives and successors from all claim or liabilities of any kind arising out of my participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Parents Signature (if under 18) \_\_\_\_\_

You can also use the Online Form to renew your membership.  
visit: [www.orangerunnersclub.org/join.htm](http://www.orangerunnersclub.org/join.htm)



### WHAT ARE SOME OF THE BENEFITS?

*Member submitted articles*

*Weekly coached track workouts for all abilities*

*A sense of community that only a social organization can bring*

*Training and racing tips*

*Organized group runs*

*Monthly club meetings with guest speakers*

*The chance to meet new people*

*Discounts to club races and select businesses*

*You may find a training partner (or two!)*

*Motivation to improve your personal fitness*

*Access to info about running events*

*The chance to apply your own experience for the benefit of others*