

Event Sponsored by



*A Proud Member Event of the 2013*

*HUDSON VALLEY GRAND PRIX RACE SERIES*

## **GOSHEN ROTARY** *5K & 10K Races*

**July 6, 2013**

**8:00 AM Race Time**

**Goshen \* New York**

**Registration begins at 6:30 a.m.**

Cataract Firehouse at Green Street  
(Just before the starting line)

## **The 29th Annual**



at the  
**GREAT AMERICAN WEEKEND**



★ **July 6, 2013** ★

**8:00 AM Start**

## **GOSHEN • NEW YORK**



Goshen Rotary Club  
PO Box 563 - Goshen, NY 10924

REGISTRATION COST: Postmark before June 16, 2013 \$20; After June 15 - \$25. Make checks to: Goshen Rotary Club. Mail to: PO Box 563, Goshen, NY 10924			
Last Name		First Name	
Street Name and # or PO Box		City/Village/Town	State
Phone Number Day Time		Zip Code	
Phone Number Eve.		S M L XL XXL T-shirt size desired (circle choice)	
Age on Race Day	Male or Female Circle your gender	5K or 10K Circle your event	Are you a member of the Hudson Valley Grand Prix? Circle your Answer YES or NO
<p>I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Goshen Rotary Club, Inc., The Goshen Chamber of Commerce, the Village and Town of Goshen, The First Presbyterian Church of Goshen, the Goshen Fire District, Goshen Volunteer Ambulance Corps, and County of Orange, and all sponsors, and all of their respective officers, directors, agents, The Race Director(s), representatives, and successors, including employees, from all claims or liabilities of any kind arising out of my participation in this event even though said liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I acknowledge there will be no refunds, or credits on entry fees and that failure to participate may result in the loss of entitlement to a T-shirt and other race amenities.</p>			
SIGNATURE (If Under 18 years, Parent or Guardian must sign) X			



**Divisions:**

10 and under; 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+ T-SHIRTS TO FIRST 650 REGISTERED. MUST RUN TO RECEIVE T-SHIRT. SHIRTS NOT PICKED UP WILL BE RELEASED TO VOLUNTEERS ON RACE DAY. SORRY—NO SEPARATE WALKING RACE. WALKERS ARE WELCOME AND START WITH RUNNERS. COURSE CLOSES AT 9:30 AM ANYONE NOT FINISHED WILL NOT BE SCORED. WALKERS WILL BE SCORED AS A PARTICIPANT IN THE RUNNERS DIVISIONS. NO REFUNDS ONCE REGISTERED.

**Fees:**

Postmarked before June 16, 2013 \$20.00. Postmark After June 15 pay \$25.00. Mail applications to: Goshen Rotary Club, P.O. Box 563, Goshen, NY 10924. Make checks payable to "Goshen Rotary Club"

**Host:**

This race is hosted by the Goshen Rotary Club - a member of Rotary International. Rotary International is an organization dedicated to community, national and world service. The Rotary motto is "Service above Self" All race proceeds are distributed to and on behalf of Rotary charities. Help us to help others. If you are interested or would like more information about joining Rotary please contact a member.

**Course:**

Both races start at the same time and place on Green Street. 10K goes to Parkway, Orange Ave., Main St., Craigville Rd., Knoll Rd., Chester Rd., back onto South Church St., and finishes in front of the Surrogate Courthouse on Park Place. The 5k is out and back on Old Chester Road and finishes at the Courthouse. Course maps available on-line at: www.mapmyrun.com. Find us on Facebook as Goshen 5 & 10K Great American Weekend Road Race.

**Registration:**

On-Line registration available at:  
[http://www.active.com/event\\_detail.cfm?event\\_id=2075606](http://www.active.com/event_detail.cfm?event_id=2075606).

Bib pick-up and pre-registration on July 5, 2013, 4:30 to 7:00 PM at the law office of Dickover, Donnelly, Donovan & Biagi, LLP, 28 Bruen Place, Goshen. Office located on the Heritage Trail directly behind the Berkshire Bank f/k/a Goshen Savings Bank. Race day registration begins at 6:30 AM at the Cataract Firehouse, Green Street. Arrive Early to avoid congestion. Parking is limited. Suggested parking is at Orange County Government Center, Erie Street. Berkshire Bank lot is closed to parking.

**ALL ATHLETES MUST PICK UP A TIMING CHIP ON RACE DAY OR WILL NOT BE SCORED !!!!!!!!!!!!!!!!!!!!!!! NO CHIP NO TIME PLEASE REGISTER EARLY TO AVOID RACE DAY CONGESTION AND TO INSURE THAT YOU RECEIVE THE COMMEMORATIVE T-SHIRT.**

**Awards:**

Awards will be presented at the courthouse. Trophies awarded to the top 3 overall males and females in the 5k and 10k events. Additional awards will be presented three deep in the age divisions.

**Amenities:**

Finish line refreshments and a food coupon for a free hotdog at the Great American Weekend food tent - courtesy of the Goshen Rotary Club. Present tear-off bib coupon for your food.

**July 6, 2013  
 Start Time  
 8 AM Sharp**

**For Race Information Only  
 (845) 294-9447**

