RC Member Meeting Minutes - 11/11/26
Meeting Facilitator: Joel Murns (President)
Minutes Taker: Christina Murphy (Secretary)
Start Time: approximately 7pm
End Time: approximately 8:15pm

Committees Updates

- Winter Series (Joel is the RD)
  - Registration will go live soon, so be on the lookout
  - Reminder that this time around, any races cancelled due to weather will not be rescheduled
  - T-shirts are in the works

- Big Orange (Chris Long is the RD)
  - 117 registered, 101 participated
  - Profit $1776.50 - will be divided between both programs
  - Need to cut PJ a check for $1954.50; invite to an upcoming meeting to receive the check - will aim for 12/9/26

- Jingle Jog - 12/6/26 (Christina is the RD)
  - Registration up to over 130 already!
  - Be sure that you are an active ORC member before you register so that you can get the member discount
  - Purchased Jingle Jog signs - you may see them along the Heritage Trail and in Port Jervis. If you see any that fell down or that may be damaged, please let Christina know.
  - $1750+ in sponsorship and donations - thanks to all of you have have assisted with this thus far!

- Track - Suspended until the spring

- Shoe Campaign (Now named …. **SOLE PURPOSE!**)
  - Friendsgiving/Sole Purpose Fundraiser run from Noble Roasters in Pine Bush on 11/29/26
  - A few schools participated: Pine Bush, Middletown, Port Jervis, Tri Valley totaling 5-6 shoes

- Scholarships
  - No updates at this time

- Gala/Summer party
  - 1/17/27 - free for ORC members up to 4! Asking for donations if you wish to contribute to our ORC programs

Treasurer Updates (as of 10/31/26)

- Total in Rhinebeck bank (Current - $88,339.04 compared to $82,684.30 in the last report):
  - MM - $65073.20
  - Checking - $15162.59
  - Shoes - $5101.79
  - Scholarship - $3001.40

- Recent Expenses Include:
  - Eerie - $378
  - HOF - $150
  - Midnight Madness - $1000
  - Big Orange food - $116

Guest Speaker: **Michael Britton, FNP with The Standard Metabolic Health**

- https://thestandardhealth.org/about/
- Mr. Britton shared about his weightloss experience and health journey that involved GLP-1s
- He noticed a gap in the healthcare system where persons on GLP-1s were ordering the medication online with no provider involvement or follow-up; also lacking was a support system, information re: nutrition and exercise.
- Feel free to reach out to him (see the website above) for a consultation for yourself or a loved one.
- Mr. Britton is one of sponsors for next year's ORC races, along with participating in them (and some of the group runs!)

Past/Upcoming Races

- Delaware Valley Turkey Trot 11/21/26 at 10am
- Jingle Jog - 12/6/26 (see above)

Miscellaneous

- Board member elections next month - let us know if you would like to run?
  - All current board members announced the plan on running again; Teresa will be nominated in December as she left prior to the nominations

    - Kasey, Dave, Christina and Joel were all formally nominated
    - Dane was formally nominated for President
- PLEASE COME OUT TO VOTE! Next meeting is 12/9/26 @ 6:30pm

Standing items

- Looking for speakers to join our monthly meetings! Let Joel know if you have anyone in mind!
- Jaime's Sunday Group Runs - 8am in Goshen
- Looking for someone to take on Tuesday night runs until track resumes next year
- Run4DT Group Runs - Thursdays at 6pm
- PineBush group runs on Fridays at 5:30pm
- If you want to contribute to the newsletter, please reach out to Diana D! She is seeking submissions …