

## **Orange Runners Club Monthly Meeting**

The Olde Erie Pub, Middletown, NY

Wednesday, November 5, 2014

**Board and Advisory members present:** Ed O'Connell, President, Valerie and Bill Kilcoin, Vice-presidents, Dave Badolato, Vice-president, Deanna Zawistowski, Vice-president, George Shurter, Treasurer, Patty Insignares, Secretary, Dane Groszek, Webmaster, Dave Madden, Club liaison, Marty Nowak, Finance advisor.

Meeting kicked off at 8:01 p.m. President, Ed O'Connell held the meeting.

**New Members:** Chad [last name] came to visit with ORC member Travis Nidorob.

**Officer reports:** Valerie Kilcoin, spoke about having membership applications for 2015 available at the winter series beginning January 11. She is trying to get as many renewals for 2015 before the start of the new year.

Martin Nowak gave the treasurer report. \$5,615.91 YTD profit \$3,505.85 including the \$900 for the rental of the firehouse for the Jingle Jog in December. Dave said \$600 will be coming back, and hopefully, the profit margin will be larger once all of the applications are counted.

Ed said ORC member, Miram Loor, arranges on behalf of the ORC, the purchase of a raffle ticket for \$100 every year from Hospice of Orange County. The club has yet to win, but has always supported this very important organization and the families who need their services.

Ed also mentioned that ORC members Tom and Joann Andryshak, had sent a letter of thanks to the club for all of their support with the Florida Fun Fest Runs this past August.

No other reports from any other officers.

### **Shout Outs:**

ORC member, and OROC (Obstacle Runners of Orange County) founder, Travis Nidorob, spoke about his group. His club does adventure, spartan, trail and obstacle course training and races. There are group runs twice a week sticking to the Heritage Trail and Camp Orange. There will be one beginning on the unpaved portion of the Heritage trail, tomorrow night at 7:30, behind the Goshen Police department. Bring your headlamp. For a schedule of runs and races, go to [meetup.com/obstacle-runners-of-orange-county/](http://meetup.com/obstacle-runners-of-orange-county/).

Dane Groszek, shouted out his team who won first place in the corporate division of the Hambletonian Good Time Relay.

ORC member Bill Schnieder gave a shout out to Patty Insignares, who won second place overall at the Sullivan Striders Falling Colors race by 2/10th's of a second.

Ed shouted out the Hambletonian Marathon.

He then gave a shout out to Valerie Kilcoin and she spoke briefly about her experience at the Lake Placid Triathlon. He also went on to mention Susan Plocharczyk, who ran a PR of 25:31 minutes, at the Airport Runway run, knocking a minute off her best time.

ORC member, Kathleen Rifkin, shouted out the Hambletonian Marathon and Good Time Relay, held October 19. She is happy to report it went very smoothly this year, crediting that to great organization and the many volunteers. The race raised approximately \$17,000. She said that numbers were down this year, but the committee will concentrate on marketing and PR to boost those numbers next year.

### **OLD BUSINESS**

Voting is next month for the election of club officers. Ed was asking for a presidential candidate. Tom Zawistowski, volunteered. Valerie nominated Dane Groszek and he has accepted. Ed asked for more people to come forward if they're interested. He wants some new blood on the board. He also petitioned more volunteers to help out within the club not only as officers, but with club events. He would also like someone in the club to keep the club informed if there is a sickness, or any events happening that members should know about.

### **NEW BUSINESS**

**Photo of the Month:** Dane Groszek, had two pictures this month. One from tonight's run from the Y, and the other was from the Hambletonian Races, with a volunteer at the race serving food. The Hambletonian race photo won a free dinner.

### **CLUB RACES**

**Turkey Trot on Thanksgiving:** ORC member, Julia Warren, who helps out with the race said it's held at the Galleria mall, in the Town of Wallkill, near the movie theater. The Wallkill Rotary hosts the race and it begins at 8 a.m. If you register by the 7th of November, you will get a t-shirt. George Shurter had some applications with him at the meeting. They may also have a training run or two beforehand.

**ORC Herby Waterman Winter Series:** Bill Schneider, has applications available for the winter series. The race has moved to the Emergency Housing building in the old State hospital complex in Middletown. There is a confidentiality form to fill out along with your regular application to protect the venue's privacy. The first race is January 11th.

**Speaker of the Month - ORC member Larry Rivera**

Larry gave a lively and entertaining talk about how running has always had a positive affect on his life. He shared some of his experiences from his childhood, how he recovered from a serious bicycle accident, got off pain medication, achieved his successful weight loss and established a healthy lifestyle.

Meeting closed: 9:00 p.m.