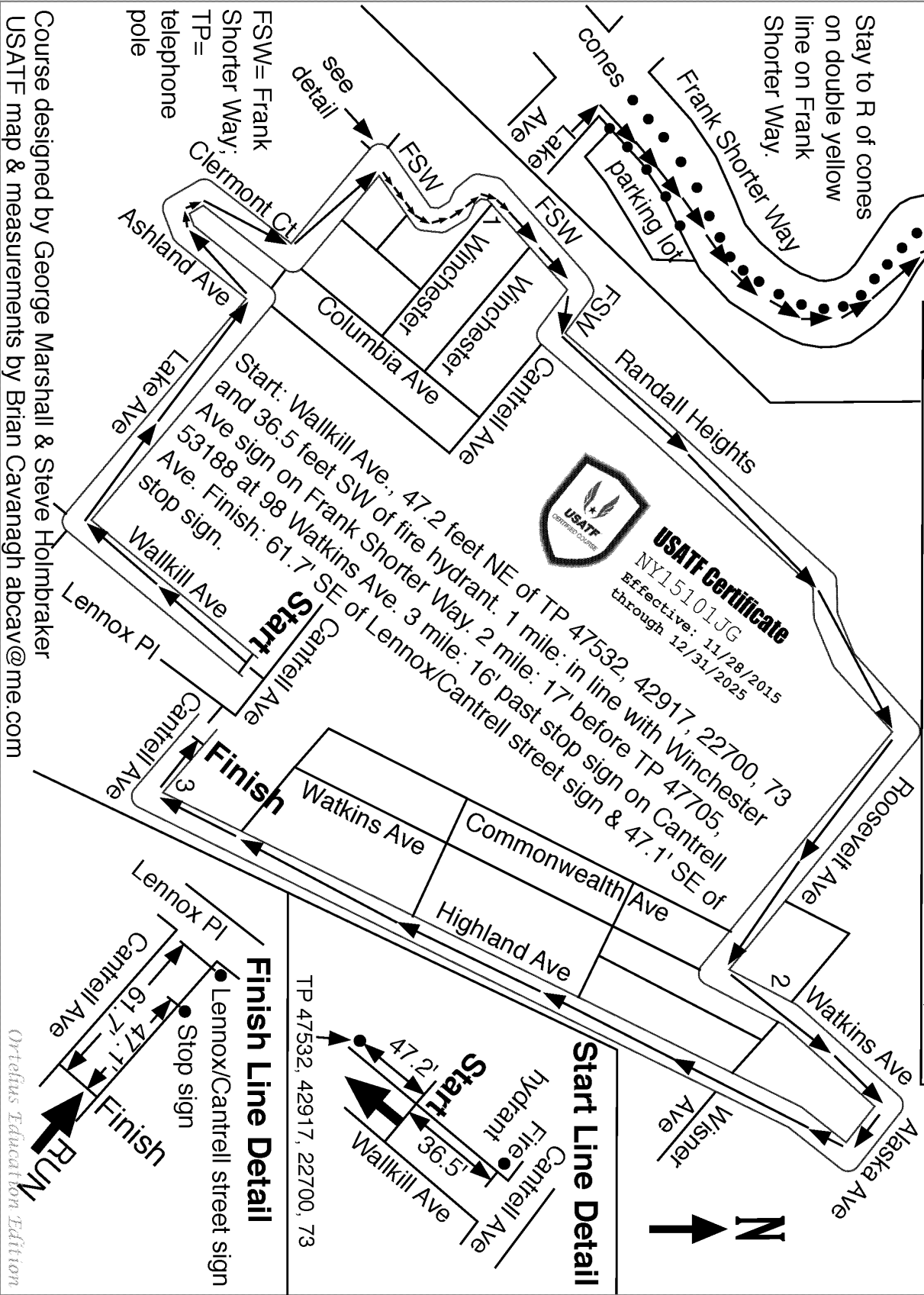


# Ruthie Dino Marshall 5K Middletown, NY

Stay to R of cones on double yellow line on Frank Shorter Way.



FSW = Frank Shorter Way; TP = telephone pole

Course designed by George Marshall & Steve Holmbraker  
 USATF map & measurements by Brian Cavanagh abcav@me.com



**Road Running Technical Council  
USA Track & Field  
Measurement Certificate**



Name of the course Ruthie Dino Marshall 5K Distance 5 km  
 Location (state) NY (city) Middletown  
 Type of course: road race  calibration  track  Configuration: partial loop  
 Type of surface: paved 100 % dirt - % gravel - % grass - % track - %  
 Elevation (meters above sea level) Start 191.9 Finish 195.2 Highest 220.9 Lowest 180.8  
 Straight line distance between start & finish 90 m Drop -0.65 m/km Separation 1.8% %  
 Measured by (name, address, phone & e-mail) Brian Cavanagh, 9 Lake Shore Dr West, Rock Hill, NY 12775;  
845-423-9816; abcav@me.com  
 Race contact (name, address, phone & e-mail) George Marshall, 6 Commonwealth Ave, Middletown, NY  
10940; 845-239-3037; gmarshall55@hotmail.com  
 Measuring Methods: bicycle  steel tape  electronic distance meter   
 Number of measurements of entire course: 2 Date(s) when course measured: November 9, 2015  
 Race date: June 2016 Course certification effective date: November 28, 2015  
 Certification code: NY15101JG

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

*Verification of Course* — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2025**

**AS NATIONALLY CERTIFIED BY:**

Digitally signed by James A. Gilmer  
 DN: cn=James A. Gilmer, o=NY Regional Certifier, ou,  
 email=jim.gilmer@gmail.com, c=US  
 Date: 2015.11.29 10:55:07 -05'00'

Date: November 29, 2015

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222  
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