



Ruthie Dino-Marshall 5K—Course Map

YMCA OF MIDDLETOWN

COURSE DIRECTIONS

Start on Cantrell Ave next to the Y

Turn left on Highland Ave

Turn left on Alaska Ave

Turn left on Watkins Ave

Turn right on to Roosevelt Ave

Turn left on to Randall Heights

Turn right on to Frank Shorter Way (passing Fancher Davidge Park on your right)

Turn left on to Lake Ave

Turn right on to Claremont Ct, which becomes Ashland Ave

Turn right on to Lake Ave

Turn left on Walkkill Ave

Finish line is near the end of Walkkill Ave

